

# WELCOME BOOKLET

Zaragoza 2019 -14th National Selection Conference

*European Youth Parliament España*



## 1. Welcome to Zaragoza

Dear Delegate,

First of all, let us introduce ourselves. We are Marina Bueno, Susana Carreras and Elena Vela, the ones who started this adventure. If you are reading this, it means that you are becoming part of it, part of this project, for which we can only say WELCOME to Zaragoza 2019 - the 14th National Selection Conference of the European Youth Parliament España!

We know there are still a few months until the session starts. However, as we can probably all agree, they will fly by and by the time we realise we will be closing the session after having experienced those amazing days in Zaragoza. We will have met new people and we will have pushed our limits. We will have empowered ourselves throughout the process along with another hundred people, who will become our family. Each of us will have lived a completely unique experience. Hence why we strongly encourage you to relish the session in your own special way.

We hope you take Zaragoza 2019 as a chance to challenge yourself. Do not let it pass unnoticed but let it be a life-changing experience. An experience of empowerment. We will be happy if you do not focus just on the academics (which, of course, play an essential role), but rather embrace yourself in all the activities that will be taking place throughout the session, both within and out of the program. We deeply want you to enjoy Zaragoza 2019 to its fullest.

So, our adventure starts today, and right now. We can imagine how nervous you may be as we were just in your position two years ago. Just breathe in and out and be willing to enjoy the experience as, in the end, our feelings and impressions are what we will remember the most. With this being said, the organising team can only welcome you once again and wish you all the very best for your path in Zaragoza 2019, for which we have prepared this booklet that we hope you find useful.

Hugs and see you very soon,

Marina Bueno, Susana Carreras and Elena Vela  
Head Organisers of Zaragoza 2019

## 2. Letter from the President

A lecturer once told me “You truly know a subject well when you know what the right questions to ask are”. With this mindset, I welcome you to the 14th National selection conference of EYPE in Zaragoza. I am happy and humbled to be returning to the city for the 3rd time within the frame of EYP. This time around I have the task and privilege of Presiding over the session. Together with the Head organisers and Editors and the Head of jury we will do our best to implement the theme of the session, Empowering the youth, with every part of the event experience. This will start with the academic preparation which will not be in the form of the Topic overview. Each delegate will rather receive a Guided independent study workbook that will guide you through the topic and allow you to form your own opinions and conclusion about the state of the play. It will hopefully enable you to better yourself through the experience by providing you with a personal development framework and teach you to ask the right questions and developing your critical thinking skills.

Once at the session, we will do our best to give you the tools and space available for you to grow and develop with our help and guidance. The first steps in EYP can be quite daunting; you might come to a session feeling pressured, stressed, insecure or still a bit apprehensive about the entire concept. Our entire programme is designed to help you overcome these feelings and rather help you nurture positive emotions and grow your potential to the maximum level possible - it will be up to you however to seize the opportunities given. Throughout the event, we will be implementing an extensive wellbeing program which was carefully designed by the leadership to allow you sufficient resting time and time to disconnect and enjoy the moment.

## 2. Letter from the President

Further, we are committed to empowering you with skills useful beyond EYP. Apart from the classic transferable skills set that are conferred at most sessions you will also have an individual group session with the welfare officer who will talk to you about the importance of welfare in society and within EYP. We are also preparing workshops for you where you will have the chance to learn useful skills from young professionals dedicated to what they're passionate about. Moreover, each committee will have a chance to participate in special leadership meetings with the delegates letting us know about the general atmosphere in the committees, holding us accountable to our promises, this will give you a chance to leave your footprint on the session as well.

Finally, going into the session we wanted to give meaning to your efforts. You might be aware of the Elections to the European parliament happening in May of this year. Our vision is to have the resolutions that pass through the general assembly to be sent off to the newly assembled committees as a letter from young citizens hopefully helping to form their legislative agenda.

I am really happy to welcome you to this process, I am happy to be shaping your first steps in EYP a hope that you are as excited about the event as I am.

Have my best,  
From London,

Tim Weber (ES/SI)  
President of the session



## 3. EYP and EYPE

The European Youth Parliament, better known as EYP, is a politically unbound non-profit organization which encourages the European youth to actively engage in citizenship and cultural understanding. It was established in France in 1987, with the main objective of encouraging critical, independent thinking and socio-political European initiative. EYP currently holds a total of approximately 50,000 members from 40 different countries around Europe, who meet in a great variety of cities from all over our continent to find solutions to issues of great social importance, raising in this way a great awareness for current affairs and promoting international understanding, along with intercultural dialogue, a diversity of ideas and a freedom to express oneself. The experiences created by EYP are incredibly enriching for all participants, and provide all involved with a fantastic opportunity to learn and to grow in every sense of the word.

Our national committee, EYP España, was registered in 2007. Since then, it has welcomed several generations into what we like to call 'La Familia', the translation of this being 'The Family'. EYP España is the home for around 250 members all across Spain, a big family which is way beyond happy to welcome you all to our national session, and looks forward to meeting the new generation of EYPers which will be joining us very soon.

## 4. NATIONAL SESSION

### The last step before entering the organisation

As you all may know by now, Zaragoza 2019 will be welcoming young participants from all over Spain and even some European countries. Prior to this National Session, many Regional Sessions have taken place in several different Spanish cities, from which delegates were selected to pass onto Zaragoza. Additionally, delegates are also sent from other countries from around Europe to participate in the session, for which it will serve as an opportunity for all delegates to appreciate the intercultural richness that exists within the European Community. Once the session is over, some delegates will be selected to pass onto International Sessions, International Forums or other National Sessions abroad, automatically having the chance to become a member of EYP España. Even if this is not the case for some delegates, they will still be offered the opportunity to join “La Familia” through an application letter.



## 5. THE SESSION'S MOTTO

Zaragoza 2019 will be inspired by the theme “**Empowering the Youth**”.

Zaragoza 2019 is wholeheartedly conscious that the youth is the future of Europe and, essentially, the future of society. We are the ones who will face tomorrow's issues; we are the ones who will make the decisions and we are the ones who will shape our world and guide it in what seems to be an era of perplexity, where time seems to fly and technologies seem to advance faster than we do.

Nevertheless, we are also fully aware that, for the youth to be prepared to face all the controversy that is coming into place, we firstly need to learn, to listen and to understand. And that is our objective in Zaragoza 2019. We want to empower the youth through knowledge and experience. We want to provide them everything with tools to become more critical with the world around them.

We want Zaragoza 2019 to be a life-changing experience where not only the participants will feel empowered throughout the session, but they will also end up being deeply conscious of the importance of being self-critic with our surroundings. We want the participants to understand that we cannot wait for society to make changes, to take big steps; but we can only step up ourselves and, by taking small steps, create big changes in that so called “society”.

## 6. ZARAGOZA

### ABOUT

The city of Zaragoza lies in the northeastern part of Spain, in the region of Aragón. It has over 2,000 years of history, having been ruled by the Romans, Moors and Christian kings, each one leaving their own characteristic mark and a stunning legacy of monuments in the streets of the city, all of which are definitely worthwhile visiting. From the intricate Moorish architecture of the Aljafería Palace to the beautiful Roman ruins of the Teatro Romano, Zaragoza is the ideal destination for a relaxed and cultural city break. Apart from being the home of a wide variety of leisure activities, a delicious gastronomy and one of the best night-time entertainments, Zaragoza is also an undoubtedly wonderful city to simply take a stroll around and get lost in while exploring the endless beauty it has to offer.

### WEATHER

It is important for you to know what the weather is like in Zaragoza in order to pack adequately for your trip. Around the dates of the session, the temperature will most likely be of around 18°C. If we're lucky enough and this turns out to be the case, it won't be too cold, but we still recommend you bring warm clothes and/or a coat, as you can never know for sure what the weather will be like. This is also the case with rain. Although it is most likely it won't rain, you are always better off preventing a possible cold by ensuring you're ready in case it does, for which it is advisable you pack with this in mind.

## WHAT TO SEE:

### -Basílica del Pilar

In the heart of Zaragoza, The Basilica-Cathedral Nuestra Señora del Pilar (Basilica of Our Lady of Pilar) is the city's most iconic landmark and one of the most important Baroque pieces of the country, built between the 17th and the 18th centuries. It is located in Plaza del Pilar (El Pilar square), one of the biggest pedestrian squares in Europe.



### -Catedral del Salvador (Seo):

Zaragoza's main cathedral. It is a Roman Catholic cathedral located in the Plaza de la Seo, in the city centre. The location of the Seo has its roots in the old Roman forum. The forum of Caesaraugusta (Zaragoza) was located near the Ebro river. The Museum of the Forum is found below the plaza del Pilar, across from the facade of the cathedral.

### - Palacio de la Aljafería

The Aljafería Palace was the 11th-century fortified Moorish castle, one of the most important symbols of the Islamic footprint in Spain. The formidable defenses are well preserved, with remains of immense towers that surrounded the castle. Today, the Palacio de la Aljafería houses the headquarters of the Aragonese (regional) Parliament.



### - Puerto Venecia

Puerto Venecia, being the largest Leisure and shopping centre in Spain and one of the largest in Europe, is definitely one of the destinies worth going if you have the chance to. Opened in 2012, it counts with more than 30 restaurants and 100 shops, as well as it offers leisure activities such as rock climbing or relaxing boat trips!



### - Parque Grande José Antonio Labordeta

This is the biggest park of the city, as one could imagine because of its name (“Big Park José Antonio Labordeta”). It was built in the beginning of the 20th century and includes a botanic garden and several statues, dedicated to important men from the region. The most important statue is the one of “Alfonso I el Batallador” (Alfonso the Battler) (he’s the one in the picture above), who took Saraqusta (Zaragoza) in 1118 back from the muslims.



### - El Tubo

It is a part of the city near Plaza España formed by very narrow streets full of bars. This is also the ideal place if you want to relax, have a drink and some of the typical Spanish ‘tapas’ whilst getting a flavour of the atmosphere of the city and its inhabitants.



## 7. SESSION OVERVIEW

### Opening Ceremony

All participants will gather in the Opening Ceremony to mark the official start of the session.

**Where:** Palacio de la Aljafería, Sede de las Cortes de Aragón

**Dress Code:** Formal

### Team Building

Team Building will focus mainly on helping all delegates lose their inhibitions and get to know each other through a variety of games and activities.

**Where:** Parque del Tío Jorge/Plaza del Pilar

**Dress code:** Casual

### Committee Work

Over the time period of three days, all delegates will gather in their committees to discuss their topic and draft a Motion for a Resolution addressing a given issue which will then be debated during the General Assembly.

**Where:** Facultad de Educación de la Universidad de Zaragoza

**Dress code:** Casual/smart

### General Assembly

During the final day of Zaragoza 2019, all participants will be brought together in the General Assembly, where each committee will present their Motion for a Resolution, which will then be discussed and voted.

**Where:** Patio de la Infanta

**Dress code:** Formal

### Theme and Farewell Party

Like all good things, the session must come to an end, but it won't do so without us enjoying our last night in the best way possible. We all love a good party, and what better way say goodbye to Zaragoza 2019 than with a themed one? The party will take place after the gymkhana, and we expect you all to come dressed in your best superhero attire!

**Dress code:** Superheroes! This is the chance to be creative and show us your most creative/unique side of your personality. Feel free to dress up and let the superhero in you arise!

## 8. DRESS CODE

### **Formal**

Formal clothing accounts for suits with ties for gentlemen and suits, dresses or appropriate length skirts for the ladies. You will be expected to follow this dress code at the Opening Ceremony, General Assembly and Closing Ceremony.

### **Smart**

Smart clothing accounts for anything in between formal and casual clothing. You are expected to follow the aforementioned clothing code during the Committee Work and Night Activities, these including the Farewell Party and Committee Dinners.

### **Casual**

You are free to wear any type of clothing in which you feel comfortable, as long as they are suited to the weather conditions of the moment. You are expected to follow this dress code during Teambuilding and any outdoors activity.

## 9. ESSENTIALS

Passport or ID

Printed copy of your Passport/ID

Visa (if required)

Towel and flip-flops

Code of Conduct signed by parents or tutor

Health insurance card and Medical Emergency Sheet

Money in Euros - bear in mind that the Committee Dinner is not covered by the session

Any material needed for the development of your work (cameras, laptops, etc.)

Make sure you bring an adaptor in case you country's plugs do not coincide with Spanish' ones.

## 10. useful information

### Participant Support and Events:

Rebeca Cires +34 648 729 925

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### Head Organisers:

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## 8. Follow us!

Welcome to Zaragoza 2019! The organising team is looking forward to meeting you.

**Email** - Zaragoza2019@eype.es

**Website** - Zaragoza2019.eype.es

**Facebook** - @Zaragoza2019

**Instagram** - @eypespana

INICIO THE SESSION THE TEAM

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**Zaragoza 2019**  
Empowering the Youth





EUROPEAN **YOUTH** PARLIAMENT  
ESPAÑA SPAIN

